



Drayton Community Infant School & Nightingale Infant and Nursery School

**Relationship & Sex Education (RSE)
Progression Overview**



Year Group	My Feelings	My Body	My Relationships	My Beliefs	My Rights and Responsibilities	Asking for Help
Reception	<p>Pupils can identify a range of feelings and how these are expressed, including words to describe them and simple strategies for managing feelings.</p> <ul style="list-style-type: none"> - I can identify comfortable and uncomfortable feelings. - I can describe my feelings - I can manage comfortable feelings 	<p>Pupils know the importance of basic personal hygiene and understand how to maintain basic personal hygiene.</p> <ul style="list-style-type: none"> - I can identify ways to keep clean - I know when it is important to wash my hands - I know how to wash my hands 	<p>Pupils understand that there are similarities and differences between everyone and can celebrate this.</p> <ul style="list-style-type: none"> - I know that there are some ways that people can be the same as each other - I know that there are some ways that people can be different from each other. - I know that everyone should be OK to be themselves 	<p>Pupils can recognise what they like and dislike and feel empowered to make real, informed choices.</p> <ul style="list-style-type: none"> - I have thought about things that I like - I have thought about things that I don't dislike - I have considered how to make a difficult choice, listening to each other and other people's opinions 	<p>Pupils understand the concept of privacy, including the right to keep things private and the importance of respecting another person's right to privacy.</p> <ul style="list-style-type: none"> - I know what private means - I know that some things are done in private - I know that other people need to be private sometimes 	<p>Pupils can identify the special people in their lives, what makes them special people and how they care for one another.</p> <ul style="list-style-type: none"> - I know people that are special to me - I know what makes people special to each other - I know how special people look after each other
Year 1	<p>Pupils are able to communicate about feelings, to recognise how others show feelings and know how to respond.</p> <ul style="list-style-type: none"> - I can describe my feelings - I understand that people react differently to their feelings - I know that all feelings are OK, but some behaviours are not 	<p>Pupils can correctly name the main parts of the body including external genitalia using scientific terms.</p> <ul style="list-style-type: none"> - I can correctly name the main parts of the body - I can name the private parts of the body that boys have - I can name the private parts of the body that girls have 	<p>Pupils understand the importance of listening to other people, playing and working cooperatively, including strategies to resolve simple disagreements through negotiation.</p> <ul style="list-style-type: none"> - I can actively listen to other people - I have thought about ways of communicating effectively - I have considered ways to resolve disagreements 	<p>Pupils can identify and respect differences and similarities between people, and can celebrate this.</p> <ul style="list-style-type: none"> - I know I am the same as other people in some ways - I know I am different to other people in some ways - I can celebrate the similarities and differences that people have 	<p>Pupils understand that some diseases are spread, and that they have the right to be protected from diseases and the responsibility to protect others.</p> <ul style="list-style-type: none"> - I know some ways that diseases are spread - I know some ways that I can protect myself from diseases - I know some ways that I can protect others from diseases 	<p>Pupils can identify the people who look after them and how to attract their attention if needed.</p> <ul style="list-style-type: none"> - I know the people who can help look after me - I have identified people who I can ask for help - I can ask for help if I need it

			through negotiation			
Year 2	<p>Pupils can recognise and celebrate their strengths and achievements, and set simple but challenging goals.</p> <ul style="list-style-type: none"> - I have considered my self-esteem. - I can recognise and celebrate my strengths. - I have set a goal for myself. 	<p>Pupils can recognise how they grow and will change as they become older.</p> <ul style="list-style-type: none"> - I know how a baby grows. - I know how I have grown and changed. - I know how I might change as I grow older. 	<p>Pupils can recognise difference types of bullying, and understand that these are wrong and unacceptable.</p> <ul style="list-style-type: none"> - I know what bullying is. - I have considered how bullying can make someone feel. - I know what to do if I am bullied or I see someone else being bullied. 	<p>Pupils can identify the ways in which people and families are unique, understanding that there has never been and will never be another them.</p> <ul style="list-style-type: none"> - I know I am uniquely special. - I know what there are lots of different types of families. - I do not feel under pressure to be different to who I am. 	<p>Pupils can judge what kind of physical contact is acceptable, comfortable or uncomfortable and how to respond.</p> <ul style="list-style-type: none"> - I know that there are difference types of touch - I understand that people need personal space. - I understand that some touches are unsafe and know to respond to these. 	<p>Pupils know the differences between secrets and surprises, and the importance of not keeping a secret that makes them feel uncomfortable, worries or afraid.</p> <ul style="list-style-type: none"> - I know what a secret is. - I know what a surprise is. - I can tell someone if I am asked to keep something a secret that makes me feel uncomfortable, worried or afraid.